

James & Ned



Hi! We are James and Ned from Washington DC. We are honored that you are taking the time to learn about our family. We have so much respect and admiration for you as you consider an adoption plan for your child. We are a loving, warm and energetic couple excited to welcome a child into our lives. Through the next few pages you will learn about us, our family and friends. We hope you can see how our life and home is filled with love, support – both for each other and from friends and family – happiness and joy. All of which we want to share with a child in the future. Should you choose to meet us, please know that it would be such an honor to meet and get to know you as well. Thank you for considering us!



About Us

James is a family medicine physician and Ned is an aviation journalist. James is passionate about medicine, social justice and food, and Ned loves running, transportation and cities. We both love traveling and never hesitate to explore another corner of the world. We met while we were both living in New York in 2011 and knew the connection was special. Ned moved to Washington DC for work a year later and James joined him in 2013. We have built a life full of good friends and community engagement in DC, with James volunteering on the board of a local farmer's market network and Ned on the board of a local urbanism and transportation blog. We love our neighborhood and are actively involved in community meet-ups and engaged in the conversation over how it grows and changes. Our dog Heathrow, a basenji mix, joined us in 2016. She added a new level of happiness and excitement to our already energetic household. Always interested in a belly rub or a run, she keeps us on our toes and never fails to get excited the moment we walk in the door.

With our niece Sage in San Diego, California

About James

"James is caring, driven and funny. He has an unending pool of energy that he puts into his relationships, work, and family. James is great with children. James is driven by his belief in social justice and medicine. He works as a family physician at a health clinic that provides for underserved communities. He speaks fluent Spanish. He also teaches healthy living classes, ranging from cooking to yoga. James is a fabulous cook, creating many vegetarian delights and baking many delicious creations. James loves to be active. He bikes to work daily and enjoys running with Ned. He has run four marathons. James grew up in Connecticut with his mom and sister. He lost his father as a child, an event that brought his family closer together and they remain so to this day. His mom is deaf and he is fluent in American Sign Language (ASL), a language and culture that we want to share with our child. James never ceases to impress me. James can't wait to share his passions for food, justice and community engagement with our child. He is going to be an amazing father." —by Ned



James hiking on Saipan

About Ned

"Ned is intelligent, sensitive and dedicated. Ever since he was a child, he has had a deep love for airplanes, which he has combined with his career as an airline business journalist. Besides aviation, he also is a public transit aficionado. I'm always amazed about his endless knowledge about planes, trains, and buses. He loves taking our nieces on the trolley and plane spotting when we visit them, and is excited to share these experiences with our child. Originally from Virginia, Ned grew up in California and upstate New York, where his passion for running formed and continues to this day. His unending enthusiasm always amazes and motivates me to join him on a run. I know that he can't wait to use a running stroller in the future. Ned is devoted to our family, which I admire, as he is always willing to go above and beyond for us. His dedication has brought him back to school to learn American Sign Language (ASL) to communicate with my mother, which means a great deal. I know he will parent a child with the same devotion to family." —by James



Ned exploring the Japanese art island of Naoshima

Our Neighborhood



We feel extremely fortunate to have a row home in a quiet neighborhood of Washington DC. DC offers a wonderful mix of urban and suburban amenities, and plenty of outdoor activities. Some of the things we love about the city are its numerous museums, parks, and cultural events. DC attracts people from all over the world, so we live in a diverse community, which we love. On weekends at home, we can be found tending our garden, walking to the nearby farmer's markets, and having friends over for a board game night. We enjoy going out to plays, trying new foods, and running in the parks around the DC region. We are also fortunate to have an apartment in New York City and a family cabin in the Appalachian Mountains in Virginia. After living in NYC, we decided to keep our apartment, which we use when we go back to visit a few times a year to catch up with friends, try new restaurants, and go to Broadway. The family cabin has been in Ned's family for generations. We love going there with Heathrow to spend time with family relaxing, playing cards, swimming in the river and hiking.

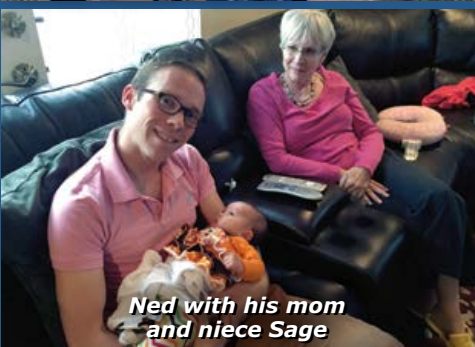
Our Family & Friends



James with sister Jennifer with nieces Sage and Piper hiking Cowles Mountain



Our families together for Thanksgiving



Ned with his mom and niece Sage



James, his mom and sister Jennifer before Thanksgiving dinner



Visiting James' relatives in Hong Kong



With Ned's family at Thanksgiving in San Diego

Our family is extremely important to us. We always connect with them throughout the year. They are very supportive of us and can't wait to meet our child. James is very close to his sister, who lives with her husband and two daughters. We spend as many holidays, birthdays and weekends as we can with them. James's mother often joins us when we visit them, and frequently visits DC. James's extended family lives in Hong Kong and Thailand; we visit them every few years to connect and spend time together. Ned's family lives in Colorado and Virginia. We often spend time with them at the family cabin, jumping into the river or out west hiking and seeing The Rocky Mountains.

Our friends are a big part of our lives. We are fortunate to have friends both near and far. They have supported us in our journey and we have been there for them. We enjoy hosting friends, whether for James' cooking or a board game night, and traveling with them around the world. James organizes a monthly cookbook club with friends and Ned loves to coordinate runs, especially early morning ones where he's the most energetic person there.

Thank You

Thank you very much for taking time to learn about our family. We respect the process that you are going through as you consider the options for you and for your child. Becoming parents is the biggest decision in our lives, and should you decide on adoption and perhaps choose us as parents for your child, please know we will parent him or her in a house full of love and support, surrounded by family and friends. We look forward to a meaningful relationship with you as well and respect your wishes regarding open adoption. If you would like to learn more about our family, we would love to meet you!

*Warmest regards,
James and Ned*



LEARN MORE ABOUT THIS FAMILY

This is a preview of our adoption profile. Please visit our complete online profile, where you will be able to find many of our pictures and read more about us:

www.friendsinadoption.org/james-and-ned

Scan the QR code using your smartphone or tablet to access this online profile.



FUN FACTS

OCCUPATION

James
FAMILY
MEDICINE
PHYSICIAN



HOBBIES

RUNNING, COOKING,
BAKING, TRAVELING,
GARDENING, HIKING



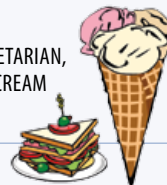
FAVORITE PLACES

PERU,
YOSEMITE



FAVORITE FOODS

VEGETARIAN,
ICE CREAM



FAVORITE MUSIC

MUSICALS -
HEDWIG AND THE
ANGRY INCH



Ned

JOURNALIST



RUNNING, AIRLINES,
TRANSIT, READING,
TRAVELING

CAPE COD, GERMANY,
MY FAMILY CABIN IN
THE APPALACHIANS

SANDWICHES,
BRUSSELS SPROUTS

INDIE ROCK,
NINA SIMONE



Friends in Adoption

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